



**12X12 GYMNASTICS BALLINA**

# **2025 Information Booklet**

**STAY UP TO DATE**



**WEBSITE**

**@12X12GYMNASTICS  
BALLINA**

**PHONE: 0412 676 267**

# About Us

The background of the page features a light blue silhouette of two gymnasts performing a handstand. One gymnast is in the foreground, with their legs raised and arms supporting the weight. Another gymnast is positioned behind them, also in a handstand position, creating a layered effect.

We are a **not-for-profit** organisation who operate purely to provide an all-inclusive safe space for the children in our community to be exposed to gymnastics. Where they can learn body awareness, build core strength, functional movement, and confidence.

## Registration 2025

Our 2025 registration fee is \$45. This covers insurance for the gymnast, our club membership fee and a uniform t-shirt.

We changed affiliations mid 2024 from Gymnastics Australia to Recreational Gymnastics Australia (RGA). As a result, under RGA regulations all registration fees must be paid prior to any gymnast stepping onto the floor, this is for their safety.



# Important



## Bookings

It is **essential** that all bookings are made **12 hours** before your class start time. In 2025 we will be implementing a **\$5 late booking fee** for gymnasts who do not book in and just show up for a class.

This is important to ensure we have enough coaches in attendance for the class and for the safety of your children.

Bookings can be made at [12x12ballina.com.au](https://12x12ballina.com.au)  
If you experience any difficulties booking online please give us a call on 0412 676 267 and someone will be able to assist.

## Registration

**RGA regulations require all gymnasts to have completed a registration form, and paid the \$45 fee, prior to attending their first class.**

Gymnasts will **NOT** be allowed on the floor in 2025 unless they are registered.

Due to our change of affiliation in mid 2024 we absorbed the registration fees for those who did not pay. Ongoing this is not a viable situation for our business.

# Classes (12mths – 5.5yrs)

## Toddler Class (12-24 months)

Our toddler class is the introduction and starting point for our programs. We encourage movement at a gradual and safe pace, letting your child slowly get used to our coaches and environment.

## Kindy Gym (18mths - 5yrs)

This class is great for exploring, learning structure and movements in a safe environment. This is a great place to start learning fundamental movements and skills.

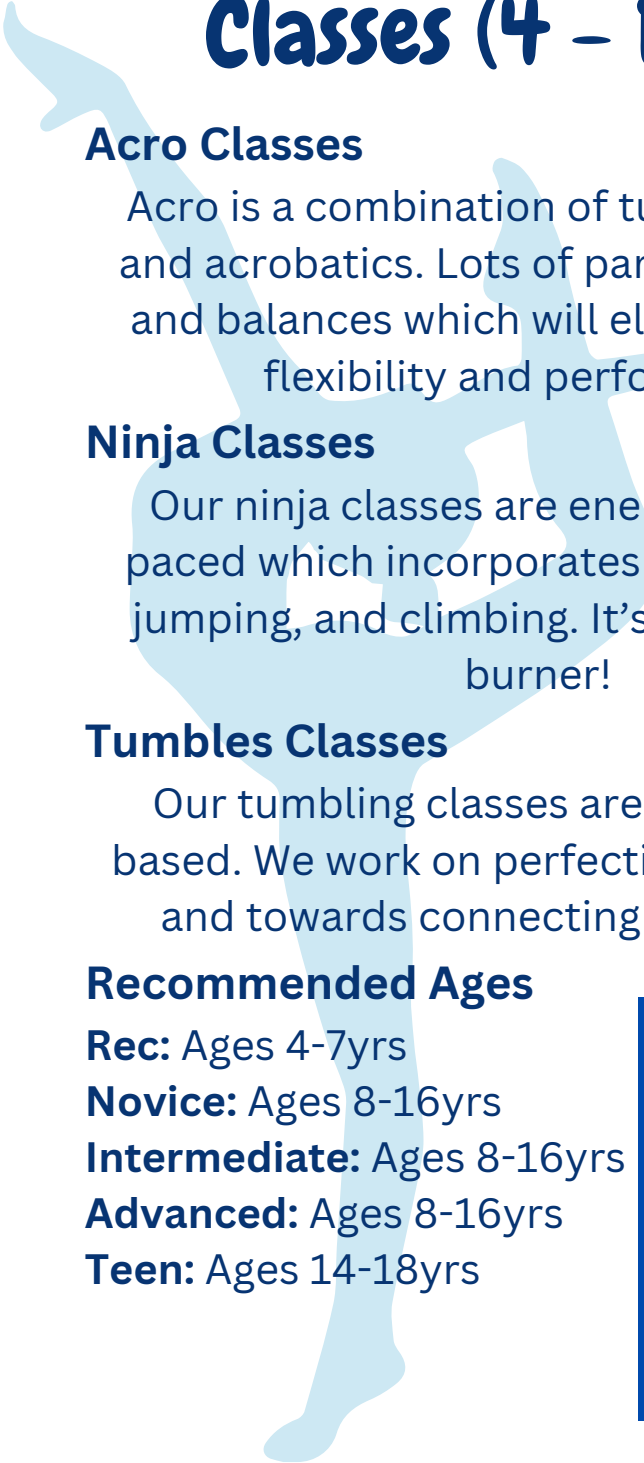
## Little Ninja's (3 - 5.5yrs)

Our Little Ninja's class is an energetic and fast pace class which incorporates lots of running, jumping and climbing. It's a great energy burner!

## Advanced Kindy Gym (4 - 5.5 yrs)

Advanced Kindy Gym is a great class for improving skills and building strength. Kids learn rolls, handstands, cartwheels, and more through different drills and lots of practice.

# Classes (4 - 18yrs)



## Acro Classes

Acro is a combination of tumbling, dance, and acrobatics. Lots of partner work, skills and balances which will elevate strength, flexibility and performance.

## Ninja Classes

Our ninja classes are energetic and fast paced which incorporates lots of running, jumping, and climbing. It's a great energy burner!

## Tumbles Classes

Our tumbling classes are very much skill based. We work on perfecting separate skills and towards connecting skills together.

## Recommended Ages

**Rec:** Ages 4-7yrs

**Novice:** Ages 8-16yrs

**Intermediate:** Ages 8-16yrs

**Advanced:** Ages 8-16yrs

**Teen:** Ages 14-18yrs

Every gymnast progresses at a different level. We will let you know when your child is ready to move to the next level.

# EVENT CALENDAR 2025

## TERM 1



5TH APRIL 2025  
GALA DAY

## TERM 2



28TH JUNE 2025  
DISCO

## TERM 3



20TH SEPTEMBER 2025  
GALA DAY

## TERM 4



13TH DECEMBER 2025  
DISPLAY

Dates could change. Keep an eye out on our website and social media as the dates get closer!

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Toddler</b> 12 – 24mths	9 – 9:30am	9 – 9:30am	9 – 9:30am	9 – 9:30am		
<b>Kindy Gym</b> 18mths - 5yrs	9:30 – 10:15 am	9:30 – 10:15 am	9:30 – 10:15 am	9:30 – 10:15 am	9:30 – 10:15 am	
<b>Advanced Kindy</b> 4-5.5yrs	10:15 – 11am		10:15 – 11am			
<b>Little Ninja</b> 3 – 5.5 yrs		10:15 – 11am				
<b>Recreational</b> 4 – 7 yrs	4 – 5pm Tumbles	4 – 5pm Tumbles	4 – 5pm Ninjas	4 – 5pm Tumbles	4 – 5pm Tumbles	8:30 – 9:30am Acro
<b>Novice</b> 8 – 16 yrs	5 - 6:30pm Tumbles	5 - 6:30pm Tumbles		5 - 6:30pm Tumbles		9:30 – 11am Acro
<b>Intermediate</b> 8 – 16 yrs	5 - 6:30pm Tumbles	5 - 6:30pm Tumbles		5 - 6:30pm Tumbles	5 - 6:30pm Tumbles	9:30 – 11am Acro
<b>Advanced</b> 8 – 16 yrs					5 - 6:30pm Tumbles	
<b>Open Gym</b>			5 - 6pm			

**\*Registration prices will NOT be subsidised towards the end of the year.**

	Duration	Online Price Per Class	Casual drop in Per Class	Per 10 week term (1 class per week) 10% off	Per 10 week term (2 class per week) 15% off
Toddler Classes	30 minutes	\$10	\$15	\$90	\$170
Kindy Gym Advanced Kindy Little Ninjas	45 minutes	\$15	\$20	\$135	\$255
Rec Tumbles Ninja Acro Open Gym	1 hour	\$18	\$23	\$162	\$306
Novice Intermediate and Advanced Tumbles and Acro	1.5 Hours	\$25	\$30	\$225	\$425

Registration	\$45
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