

| | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|-----------------------------|-----------------------|-----------------------|-------------------|-----------------------|-----------------------|-----------------------|
| Toddler 12 – 24mths | 9 – 9:30am | 9 – 9:30am | 9 – 9:30am | 9 – 9:30am | | |
| Kindy Gym 18mths - 5yrs | 9:30 – 10:15 am | 9:30 – 10:15 am | 9:30 – 10:15 am | 9:30 – 10:15 am | 9:30 – 10:15 am | |
| Advanced Kindy 4-5.5yrs | 10:15 – 11am | | 10:15 – 11am | | | |
| Little Ninja 3 – 5.5 yrs | | 10:15 – 11am | | | | |
| Recreational 4 – 7 yrs | 4 – 5pm Tumbles | 4 – 5pm Tumbles | 4 – 5pm Ninjas | 4 – 5pm Tumbles | 4 – 5pm Tumbles | 8:30 – 9:30am Acro |
| Novice 8 – 16 yrs | 5 - 6:30pm Tumbles | 5 - 6:30pm Tumbles | | 5 - 6:30pm Tumbles | | 9:30 – 11am Acro |
| Intermediate 8 – 16 yrs | 5 - 6:30pm Tumbles | 5 - 6:30pm Tumbles | | 5 - 6:30pm Tumbles | 5 - 6:30pm Tumbles | 9:30 – 11am Acro |
| Advanced 8 – 16 yrs | | | | | 5 - 6:30pm Tumbles | |
| Open Gym | | | 5 - 6pm | | | |