



ACCIDENT, INJURY AND ILLNESS POLICY

PURPOSE

This policy outlines the procedures for handling illness of a gymnast, involvement in a minor accident or involvement in a major injury or medical event (as deemed by the head coach of the class) while attending classes at 12x12 Gymnastics Ballina Inc. (12x12).

PROCEDURE FOR HANDLING ILLNESS OR MINOR ACCIDENTS

In the event of a gymnast being ill or involved in a minor accident:

1. Contact parent/s or guardians to collect the gymnast. If the gymnast has been involved in a minor accident, the accident will be recorded on an injury form which will list the date, type of injury, care given and the coach providing the care.
2. If the parent / guardian is not able to be contacted, the second emergency contact (as authorised on the registration form) will be contacted to collect the gymnast.
3. The head coach will complete the 12x12 Accident or Injury Register Form.

If both parent/s or guardians and emergency contact are unable to be contacted, then the 12x12 shall:

1. Provide first aid treatment as appropriate.
2. Shall only administer approved medication (as per the registration form) as required.
3. The head coach will complete the 12x12 Accident or Injury Register Form.

PROCEDURE FOR HANDLING MAJOR MEDICAL EVENTS

If the gymnast receives a major injury or is experiencing an acute medical event:

1. The head coach of the class will administer immediate first aid treatment
2. Another coach will call an ambulance (the head coach of the group has the final decision to call an ambulance for any gymnast if they deem necessary without the consent of the parent / guardian in a medical emergency i.e., life or limb threatening)
3. Contact the gymnast's parent / guardian as soon as practicable.
4. If the parent / guardian is not present, then the coaching staff will accompany the gymnast in the ambulance providing it does not jeopardise the 12x12 staffing requirements and only if required.
5. The head coach will complete the 12x12 Accident or Injury Register Form.

All costs associated with an ambulance service will be the parent/guardian's responsibility. Consent is assumed when making payment for casual classes at 12x12 OR as agreed and signed on the registration form for members.

PROCEDURE WHEN ILL GYMNASTS ARE SENT TO GYMNASTICS

Parents must keep their gymnast at home if they are suffering any illnesses which are of an infectious nature e.g. COVID, influenza, chicken pox, common cold or any infectious disease listed by the Department of Human Services.



Parent/guardian or emergency contact will be called to collect their gymnast if the above illnesses are present and are affecting the gymnast's ability to participate in the days program.

An ill gymnast will be kept comfortable and under observation until the parent or authorised emergency contact person collects the gymnast.

PROCEDURE FOR MEDICALLY RELATED TREATMENTS

Adult gymnasts and parents of a junior gymnasts must inform 12x12 on the registration form at the time of registration of any allergies or illnesses which requires medication or specific treatment should they occur, or which may be of a life-threatening nature e.g., Asthma, allergy, previous injury.

RELATED POLICIES AND DOCUMENTS

Accident or Injury Register Form